

Dear Patients,

The safety and well-being of our patients and community members is our highest priority. Upper Valley Orthopedics continues to actively monitor and prepare for the potential spread of the novel coronavirus (COVID-19) in our communities.

To align with the Centers for Disease Control and Prevention, along with local departments of health recommendations, we ask that patients call Upper Valley Orthopedics before arriving if they meet both of the following:

1. Have symptoms including fever or upper respiratory infection symptoms (i.e. cough).

AND

2. Have recently traveled outside the United States or have been in potential contact with a person known to have COVID-19.

Our clinic staff will assess the patient's symptoms and exposure history. They will then call the local department of health and determine if testing for COVID-19 is needed. . If testing for COVID-19 is not necessary, further instructions for care will be given at that time.

If you currently have a fever, or any upper respiratory infections symptoms, please contact our office BEFORE your visit, to determine if we need to reschedule your appointment. Please also limit the number of visitors attending to your appointment to no more than 1.

For more information about COVID-19, please visit CDC website, [www.cdc.gov/coronavirus/2019-ncov/index.html](http://www.cdc.gov/coronavirus/2019-ncov/index.html)